## Reversal of the circulation of a vortex by quantum tunneling in trapped Bose systems

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We study the quantum dynamics of a model for a vortex in a Bose gas with repulsive interactions in an anisotropic, harmonic trap. By solving the Schrödinger equation numerically, we show that the circulation of the vortex can undergo periodic reversals by quantum-mechanical tunneling. With increasing interaction strength or particle number, vortices become increasingly stable, and the period for reversals increases. Tunneling between vortex and antivortex states is shown to be described to a good approximation by a superposition of vortex and antivortex states (a Schrödinger cat state), rather than the mean-field state, and we derive an analytical expression for the oscillation period. The problem is shown to be equivalent to that of the two-site Bose Hubbard model with attractive interactions.

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Over the past decade, atomic Bose-Einstein condensates have provided unprecedented opportunities for studying in detail the properties of quantized vortices, both theoretically [1] and experimentally [2]. Most theoretical work has been based on the use of the mean-field, Gross-Pitaevskii (GP) approximation [3], and an interesting prediction by García-Ripoll et al. [4] within this approach is that a rotating Bose-Einstein condensate in a non-rotating anisotropic harmonic trap can undergo periodic reversals of the sign of the vorticity if the initial energy of the system is sufficient to overcome the energy barrier between vortex states with opposite circulation.

Recent experimental developments make it possible to realize few body systems trapped on an optical lattice [5, 6]. The behavior of such small systems can be quite different from what is predicted from a classical treatment based on the GP approximation. In this paper we consider the problem of stability of a vortex quantummechanically, and show by solving the Schrödinger equation numerically that for energies below the barrier, reversals of the vorticity can occur by tunneling. We find that the wave function during reversals resembles more closely a quantum superposition of states (a Schrödinger cat state) than a mean-field one, and we derive an analytical expression for the rate of reversals that agrees well with the numerical data. Mathematically, the problem is equivalent to that of particles with attractive interactions in a double-well potential, which has been studied previously [7, 8].

Consider N identical bosons of mass m in an anisotropic, harmonic two-dimensional trap, with trap frequencies denoted by  $\omega_x$  and  $\omega_y$ , and for definiteness we shall assume that  $\omega_x > \omega_y$ . Following Ref. [4] we shall assume that the only oscillator levels occupied are the first excited states of the oscillators [9], corresponding to the wave functions  $\psi_x \equiv C \ (x/d_x) \exp \left(-x^2/2d_x^2 - y^2/2d_y^2\right)$ , where  $C = \sqrt{2/(\pi d_x d_y)}$  and  $d_x \equiv \sqrt{\hbar/m\omega_x}$  and a similar

expression for  $\psi_y$ . The many-body Hamiltonian is

$$H = H_0 + H_{\text{int}}$$

$$= \sum_{i=x,y} \epsilon_i \hat{c}_i^{\dagger} \hat{c}_i + \frac{1}{2} \sum_{i,j,k,l=x,y} \langle ij|V|kl \rangle \hat{c}_i^{\dagger} \hat{c}_j^{\dagger} \hat{c}_l \hat{c}_k , (1)$$

where  $\epsilon_i \equiv \hbar \bar{\omega} + \hbar \omega_i$  (i = x, y) and  $\bar{\omega} \equiv (\omega_x + \omega_y)/2$ , while  $\hat{c}_i^{\dagger}$  creates and  $\hat{c}_i$  destroys a particle in the state  $\psi_i$  [10]. We shall take the interaction to have the contact form  $\langle \mathbf{r}, \mathbf{r}' | V | \mathbf{r}, \mathbf{r}' \rangle = g_{\text{2D}} \delta^2(\mathbf{r} - \mathbf{r}')$ , where  $g_{\text{2D}}$  is an effective two-dimensional interaction strength, which we shall take to be positive [11].

For orientation we first describe the GP approach in which all particles are assumed to be in the same single-particle state. Thus the many-body state may be written as

$$|\Delta\phi, \Delta n\rangle \equiv \frac{1}{\sqrt{N!}} \left( n_x^{1/2} \hat{c}_x^{\dagger} + n_y^{1/2} \hat{c}_y^{\dagger} e^{-i\Delta\phi} \right)^N |0\rangle.$$
 (2)

The quantities  $n_x$  and  $n_y$  are the occupation probabilities of the two states, and  $n_x + n_y = 1$  and  $\Delta n \equiv n_x - n_y$ . The phase difference between the two components is denoted by  $\Delta \phi \equiv \phi_x - \phi_y$ , where  $\phi_x$  and  $\phi_y$  are the phases of the two states, and  $|0\rangle$  is the vacuum state. The GP energy functional is [12]

$$\frac{E}{N} = \int d^2r \left\{ \frac{\hbar^2}{2m} |\nabla \psi|^2 + \frac{m}{2} (\omega_x^2 x^2 + \omega_y^2 y^2) |\psi|^2 + \frac{g_{\text{2D}}}{2} |\psi|^4 \right\},\tag{3}$$

where  $\psi$  is the condensate wave function,  $\psi = a_x \psi_x + a_y \psi_y = |a_x| e^{i\phi_x} \psi_x + |a_y| e^{i\phi_y} \psi_y$  with  $|a_x|^2 + |a_y|^2 = N$ . Evaluation of Eq. (3) for this wave function leads to

$$\mathcal{E} \equiv \frac{E}{\hbar \bar{\omega} N} = \frac{1}{2} \frac{\Delta \omega}{\bar{\omega}} \Delta n - \frac{\gamma}{4} [1 - (\Delta n)^2] \sin^2 \Delta \phi, \quad (4)$$

where  $\gamma \equiv \gamma_0 \sqrt{\omega_x \omega_y/\bar{\omega}^2}$ , with  $\gamma_0 \equiv Na_s/Z$  [11], and  $\Delta\omega \equiv \omega_x - \omega_y$ . In Eq. (4) we have omitted the contribution independent of  $\Delta n$  and  $\Delta \phi$  [13]. One sees

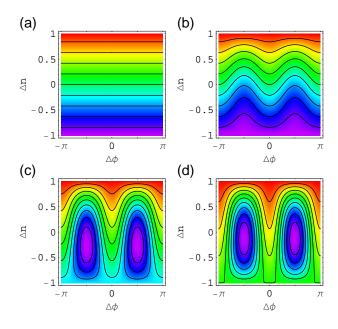


FIG. 1: (Color online) Landscape of the energy per particle  $\mathcal{E}$  for  $\Gamma=0$  (a), 0.8 (b), 4.0 (c), and 8.0 (d). Purple regions (the darker area for  $\Delta n \lesssim 0$ ) correspond to lower  $\mathcal{E}$  and red ones (the darker area for  $\Delta n \simeq 1$ ) to higher  $\mathcal{E}$ . For a given panel, the contour lines are equally spaced in  $\mathcal{E}$ , but the spacing varies from panel to panel.

that there is one dimensionless parameter in the problem,  $\Gamma \equiv \gamma \bar{\omega}/\Delta \omega$  [14].

In Fig. 1, we show contours of  $\mathcal{E}$  as a function of  $\Delta \phi$  and  $\Delta n$  for several values of the interaction strength. States with  $\Delta \phi = -\pi/2$  are vortex-like with positive circulation, while those with  $\Delta \phi = \pi/2$  correspond to an antivortex, a vortex with negative circulation. States with  $\Delta \phi = 0$ ,  $\pi$ have nodal lines which, because of the larger mean square density, give rise to a larger repulsive energy. Allowed motions correspond to contours of constant energy. For small  $\Gamma$  [Figs. 1(a) and (b)], all contours are open, and the allowed motions correspond to oscillations between vortex states and antivortex ones. For  $\Gamma > 1$ , global minima of the energy develop on the lines  $\Delta \phi = -\pi/2$  and  $\pi/2$ , and there are closed contours surrounding the minima. These correspond to motions in which a vortex line oscillates without reversals of the circulation. With further increase of  $\Gamma$ , the closed contours occupy an increasing fraction of the area [see Figs. 1(c) and (d)] and an energy barrier with height  $\sim \gamma \hbar \bar{\omega} \sim \hbar \bar{\omega} N a_s/Z$  per particle grows between the vortex and antivortex states, i.e., large  $\Gamma$  stabilizes the vortex and antivortex states. Classically, for a system having energy less than the minimum value on the line  $\Delta \phi = 0$ , the circulation of a vortex cannot change sign.

However, in quantum mechanics the circulation can reverse by tunneling. The interaction Hamiltonian is given

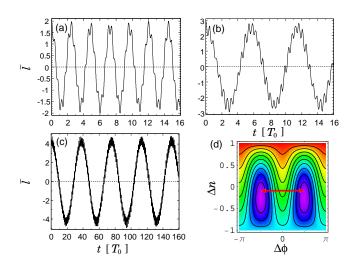


FIG. 2: (Color online) Time evolution of  $\bar{l}$  for  $\Gamma=4.0$  and N=2 (a), 3 (b), and 5 (c). Panel (d) is the corresponding energy landscape showing that the vortex and antivortex states lie on closed orbits, and the arrow indicates a possible trajectory for tunneling between these states.

by  $H_{\rm int} = (\gamma \hbar \bar{\omega}/4N) h_{\rm int}$  with

$$h_{\text{int}} = \hat{c}_{x}^{\dagger} \hat{c}_{x}^{\dagger} \hat{c}_{y} \hat{c}_{y} + \hat{c}_{y}^{\dagger} \hat{c}_{y}^{\dagger} \hat{c}_{x} \hat{c}_{x} + 4 \hat{c}_{x}^{\dagger} \hat{c}_{y}^{\dagger} \hat{c}_{y} \hat{c}_{x} + 3 (\hat{c}_{x}^{\dagger} \hat{c}_{x}^{\dagger} \hat{c}_{x} \hat{c}_{x} + \hat{c}_{y}^{\dagger} \hat{c}_{y}^{\dagger} \hat{c}_{y} \hat{c}_{y}) = 3 \hat{N}^{2} - 2 \hat{N} - \hat{l}^{2} .$$
 (5)

Here  $\hat{N} \equiv \hat{c}_x^\dagger \hat{c}_x + \hat{c}_y^\dagger \hat{c}_y$  is the total number operator and  $\hat{l} \equiv i(\hat{c}_y^\dagger \hat{c}_x - \hat{c}_x^\dagger \hat{c}_y)$ . The expectation value L of the z-component of the angular momentum operator in a state  $|\Psi\rangle$  containing only the two single-particle states  $\psi_x$  and  $\psi_y$  is given by  $L = \hbar \sqrt{\bar{\omega}^2/\omega_x \omega_y} \langle \Psi | \hat{l} | \Psi \rangle \equiv \hbar \sqrt{\bar{\omega}^2/\omega_x \omega_y} \, \bar{l}$ . The system has N+1 Fock states  $|N_x,N_y\rangle = |N_x,N-N_x\rangle$  with  $N_x=0,1,\ldots,N$ , where  $N_x$  and  $N_y$  are the numbers of particles occupying the single particle states  $\psi_x$  and  $\psi_y$ , respectively. Using the above many-body Hamiltonian, we have followed the time evolution of the system, starting from the vortex state proportional to  $(\hat{c}_x^\dagger + i\hat{c}_y^\dagger)^N |0\rangle$ , corresponding to  $|-\pi/2,0\rangle$  for the particular choice  $\Delta\omega/\bar{\omega}=0.01$ . Preliminary results were reported in Ref. [15].

Classically, reversals of the circulation with this initial state are impossible if  $\Gamma > 2$ , which ensures that the state lies on a closed orbit. However, we see, e.g., in Fig. 2 for  $\Gamma = 4.0$ , that reversals of the angular momentum do occur. The angular momentum oscillates with a period  $T \simeq 2.41\,T_0$  for N=2,  $T\simeq 5.73\,T_0$  for N=3, and  $T\simeq 37.7\,T_0$  for N=5, where  $T_0=2\pi/\Delta\omega$  is the period in the absence of interactions. The rapid wiggles in Figs. 2(a)-(c) are due to oscillations of internal degrees of freedom of the vortex, which correspond to motion on closed energy contours in the mean-field approach.

In Fig. 3(a), we plot the oscillation period T as a function of N for  $\Gamma = 4.0$  and 8.0. The results do not change

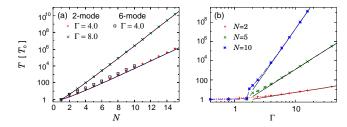


FIG. 3: (Color online) Oscillation period T as a function of N at fixed interaction strength  $\Gamma$  (a) and as a function of  $\Gamma$  at fixed N (b). The thick solid lines for  $\Gamma \geq 2$  are calculated from the analytic formula (8). The lines connecting the data points in (b) are to guide the eye. The period T for the data points at  $\Gamma = 1.6$  in (b) is hard to define and has an uncertainty of order  $0.1\,T_0$ .

qualitatively for a more general model in which six singleparticle states, the ground state and the three lowest dlike states in addition to the two p-like states, are taken into account [16]. We see clearly that T increases almost exponentially with N. This tendency is consistent with the fact that, for these values of  $\Gamma$ , the vortex and antivortex states are stable classically. We also see that Tincreases with  $\Gamma$ . This is because for  $\Gamma \gg 1$  the Hamiltonian is dominated by  $H_{\rm int}$  and therefore level spacings are proportional to  $\gamma$ . Thus mixing of states by the anisotropy becomes less important for large  $\Gamma$ . For  $\Gamma < 1$ , the oscillation period is approximately  $T_0$ , as one would expect from the fact that under these conditions reversals can occur in classical mean-field theory for all initial conditions. For  $\Gamma \ll 1$ , we see repetitive collapses and revivals of L with a period  $\sim 2\pi N/\gamma \bar{\omega}$  [17].

In Fig. 3(b), we plot T as a function of  $\Gamma$  for fixed N and one sees the different behaviors for  $\Gamma \lesssim 1$  and  $\Gamma \gtrsim 1$ . The oscillations in the former region are well described by mean-field theory and T is almost constant with a value  $\sim T_0$ . For large  $\Gamma$ , vortex-antivortex oscillation occurs for the given initial conditions only in the quantum-mechanical calculation, and T shows a power-law dependence on  $\Gamma$ .

To understand the behavior of the tunneling time, we have investigated the state  $|\Psi(t)\rangle$ . Figure 4 shows its overlap  $|\langle \Psi | \Delta \phi_{\rm opt}, 0 \rangle|$  with the mean-field state (2), where  $\Delta \phi_{\rm opt}$  is chosen to maximize the overlap. The expectation value of  $\hat{l}$ , which is proportional to that of the angular momentum, is also plotted, and it is denoted by  $\bar{l}$  for  $|\Psi(t)\rangle$  and  $\bar{l}_{\rm opt}$  for  $|\Delta\phi_{\rm opt},0\rangle$ . For  $\Gamma\lesssim 1, |\Psi(t)\rangle$  is well described by the mean-field state, and  $\Delta\phi_{\mathrm{opt}}$  changes continuously. For  $\Gamma_0 = 2.4$  and 8.0,  $\Delta\phi_{\rm opt}$  jumps essentially discontinuously between approximately  $-\pi/2$  and  $\pi/2$ , corresponding to the vortex and antivortex states. This indicates that the main components of the state correspond to either all particles being in the vortex state or all of them in the antivortex state. A much better approximation for the wave function for  $\Gamma \gg 1$  is the Schrödinger cat state consisting of a superposition of the states in which all particles are in the vortex state or all

particles are in the antivortex state,

$$|\text{Cat};\theta\rangle \equiv \cos\frac{\theta}{2}\left|-\frac{\pi}{2},0\right\rangle + i\sin\frac{\theta}{2}\left|\frac{\pi}{2},0\right\rangle.$$
 (6)

In Fig. 5, we plot the overlap  $|\langle \Psi | \text{Cat}; \theta_{\text{opt}} \rangle|$  for the same  $|\Psi\rangle$  as in Fig. 4(d) [18]. Similarly,  $\theta_{\text{opt}}$  is determined by maximizing  $|\langle \Psi | \text{Cat}; \theta_{\text{opt}} \rangle|$ . Here  $L_{\text{opt}}$  is the expectation value of the angular momentum in the state  $|\text{Cat}; \theta_{\text{opt}} \rangle$ . It is remarkable that  $\theta_{\text{opt}}$  changes almost continuously and the overlap is close to unity (its mean value is  $\simeq 0.97$  for this case).

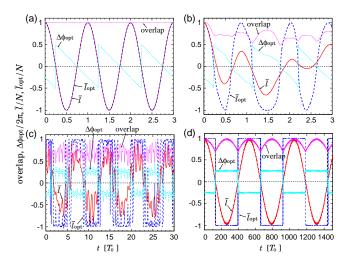


FIG. 4: (Color online) Overlap  $|\langle \Psi | \Delta \phi_{\rm opt}, 0 \rangle|$  of the wave function with the optimized phase state for N=5 and  $\Gamma=0$  (a), 1.6 (b), 2.4 (c), and 8.0 (d).

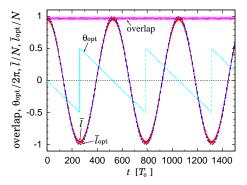


FIG. 5: (Color online) Overlap  $|\langle \Psi | \text{Cat}; \theta_{\text{opt}} \rangle|$  of the numerical solution of the wave function with the cat state for N=5 and  $\Gamma=8.0$ .

The behavior of the wave function for  $\Gamma\gg 1$  is most conveniently analysed in terms of states in which the interaction energy is diagonal. These may be written as  $|l\rangle=\{[(N+l)/2]![(N-l)/2]!\}^{-1/2}(\hat{c}_+^\dagger)^{(N+l)/2}(\hat{c}_-^\dagger)^{(N-l)/2}|0\rangle$  where the operators  $\hat{c}_+^\dagger\equiv(\hat{c}_x^\dagger+i\hat{c}_y^\dagger)/\sqrt{2}$  and  $\hat{c}_-^\dagger\equiv(\hat{c}_x^\dagger-i\hat{c}_y^\dagger)/\sqrt{2}$  create particles in a vortex or an antivortex state, respectively. The operator  $\hat{l}$  in the

subspace of states we are considering is  $\hat{c}_{+}^{\dagger}\hat{c}_{+} - \hat{c}_{-}^{\dagger}\hat{c}_{-}$  and the Hamiltonian reduces to

$$H = \frac{\hbar \Delta \omega}{2} (\hat{c}_{+}^{\dagger} \hat{c}_{-} + \hat{c}_{-}^{\dagger} \hat{c}_{+}) - \frac{\gamma \hbar \bar{\omega}}{2N} (\hat{c}_{+}^{\dagger} \hat{c}_{+}^{\dagger} \hat{c}_{+} \hat{c}_{+} + \hat{c}_{-}^{\dagger} \hat{c}_{-}^{\dagger} \hat{c}_{-} \hat{c}_{-}) - \frac{\gamma \hbar \bar{\omega}}{N} \hat{N}^{2}.$$
 (7)

This is equivalent to that of the Bose Hubbard model for two sites if + and - are regarded as site labels, with hopping matrix element  $-\hbar\Delta\omega/2$  and on-site interaction  $-\gamma\hbar\bar{\omega}/N$  [7, 8]. The anisotropy of the trap couples states of different l according to the Hamiltonian  $H' = (\hbar \Delta \omega/2)(\hat{c}_{+}^{\dagger}\hat{c}_{-} + \hat{c}_{-}^{\dagger}\hat{c}_{+}),$  which we may treat perturbatively in this regime. The wave function is dominated by the vortex and antivortex states, and components from other states are suppressed by the large interaction energy for these states. Because of the anisotropy, the vortex and antivortex states are not energy eigenstates and the leading contributions to the mixing of the states for large  $\Gamma$  may be calculated by perturbation theory. Since the anisotropy couples only states in which l differs by 2, it is of Nth order in  $\Delta\omega$ . The leading contribution to the matrix element mixing the vortex and antivortex states is  $\Delta E/2 =$  $H'_{-N,-N+2}(\Delta E_{-N+2})^{-1} \cdots H'_{N-4,N-2}(\Delta E_{N-2})^{-1} H'_{N-2,N},$  where  $H'_{l,l+2} = \langle l|H'|l+2 \rangle$  and  $\Delta E_l = E_l - E_N$ , with  $E_l = -(\gamma \hbar \bar{\omega}/4N)l^2$ . Here  $\Delta E$  is the splitting of the two lowest states. For  $\Gamma \gg 1$  one finds [7]

$$\Delta E = \hbar |\Delta \omega| N \left(\frac{\alpha(N)}{\Gamma}\right)^{N-1} . \tag{8}$$

Here  $\alpha(N) \equiv N[(N-1)!]^{-1/(N-1)}/2$  is a function that depends weakly on N:  $\alpha(2) = 1$  and  $\alpha(\infty) = e/2$ . The oscillation period is given by  $T = 2\pi\hbar/\Delta E$ . In the strong interaction regime,  $\Delta E$  given by Eq. (8) accounts very well for the numerical results, as is shown in Fig. 3. We remark that rotation of the trap will suppress the vortexantivortex oscillations if  $2N\hbar\Omega \gtrsim \Delta E$ , where  $\Omega$  is the rotational angular velocity.

In conclusion, we have calculated rates for tunneling between vortex and antivortex states in a simplified model without making a mean-field approximation and have obtained an analytical result in the limit of small tunneling. We have demonstrated that, in this limit, the wave function is much better described as a Schrödinger cat state that is a superposition of a state in which all particles are in the vortex state and one in which all particles are in the antivortex state. We have also shown that the problem is equivalent to a two-site Bose Hubbard model with attractive interparticle interactions. On the experimental side, recent advances in creating fewbody systems trapped on an optical lattice [5, 6] offer the possibility of observing experimentally the effects we predict.

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- [9] This situation could be realized in practice by, e.g., making the trap anharmonic, thereby lifting degeneracies present for a harmonic potential.
- [10] In the representation with  $\psi_x$  and  $\psi_y$ , the physical origin of the flipping phenomenon for weak interactions is clear as we shall see later.

- [11] For a system uniform in the z direction, and with the usual Gross-Pitaevskii assumption,  $g_{\rm 2D}=g/Z$ , where Z is the extent of the cloud in the z direction,  $g\equiv 4\pi\hbar^2 a_{\rm s}/m$  is the two-body interaction strength in three dimensions, and  $a_{\rm s}$  is the s-wave scattering length.
- [12] We have here made the usual replacement of 1 1/N by unity. This does not affect our conclusions.
- [13] Reference [4] considered the case  $\sin^2 \Delta \phi = 1$ , and our Eq. (4) then agrees with Eq. (6) of that paper.
- [14] Distortions of the vortex, which correspond to the inclusion in the wave function of other single-particle states, will be unimportant for  $\Gamma \lesssim |\bar{\omega}/\Delta\omega|$ . For the numerical calculations we have made, this condition is always satisfied.
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